



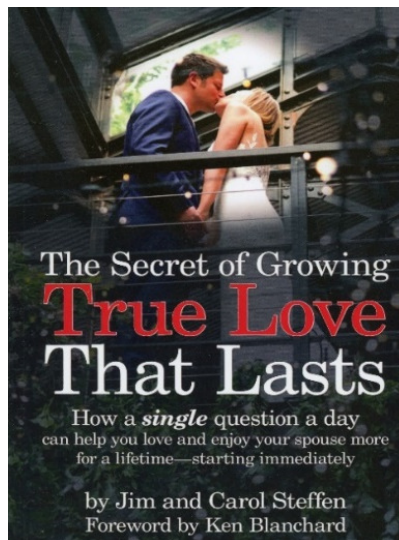
*Forever and Ever  
...And Then Some*



*Coach Jim*

## Session Five True Love That Lasts Movement

Certified Coaches Guide



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## Co-author's Challenge

1. We know from all sports, the clear view of the score keeps the players and fans focused on winning the game. We want to win by establishing the Habit of asking the daily question.
2. Winning teams always want to improve so they can continue to win. What improvement can you focus on to continue winning in your establishing the True Love That Last Daily Habit?

### Challenge 1 – Review of Progress

#### Building the *Asking the Question of the Day* Habit

#### Review of Progress

Key Activity	Yes	No
1. Put scorecard/calendar where I begin my day		
2. Crossed off day after asking and answering <i>question of the day</i>		
3. Did not break the chair		

**Monday/Thursday** *How can I appreciate and value the one I love more today?*

*One way I answered (or might answer) this question was....*

**Tuesday/Friday** *How can I surprise and please the one I love more today?*

*One way I answered (or might answer) this question was....*

**Wednesday/Saturday** *How can I be closer to and with the one I love more today?*

*One way I answered (or might answer) this question was....*

#### Next Week – Starting Immediately

*Next week I will do the following to improve...*

...

#### Directions

Stop the presentation till you've taken the progress report and a completed the four sentences to our satisfaction.

## Co-author's Challenge

1. To begin with what most will agree with – that our parents have a vested interest in our success – to explain and convince that God has a vested interest in our success, especially our marital success.

### Chapter 15 Will You Let Me Love You – Now?

#### Special Point to Ponder => Co-author's Note

Sometime after the book was written, I became aware that there are three challenges embedded in this chapter. I have indicated them in blue for you. Upon further pondering, I see – with the help of the book and Holy Spirit – if you can say “YES” to each, you give yourself a significant competitive edge to live a much happier, healthier, and even holier life.

## Challenge 2 The Vested Interest of Our Sources

Re-read pages 125-128. As you read ponder:

- Fact:** There was a time when each of you was not!
- Fact:** Totally because of the gratuitous goodness of God and the love of your parents, today here you are!
- Conclusion:** You did not in any way earn your existence!

Consider your parents' motivation, then God's motivation in having you. (p. 126-127)

#### WOW Take-Home Value 1

**God – our Source – has a *vested interest* in your success, especially your *marital success*.**

#### Challenge 2:

If married, can you live today believing that God has a *vested interest* in your marital success?-

If not married, can you live today believing that God has a *vested interest* in your vocational/career success? Can you believe God has a call for you, and a vested interest in your success in that call?

#### Give yourself a Significant Competitive Edge by completing...

Taking pages 125-128 and the above Points To Ponder into consideration, the insights ***I want to remember*** are....

To enjoy the benefits of my insight(s), the **actions I will take** are...

#### Directions

Stop the presentation till you've completed these two sentences to our satisfaction.

## Co-author's Challenge

1. To go from God not only has a vested interest in our marital success, He also – even especially – wants to be FREELY loved in return.
2. To confirm this point, to add insights from respected sources beyond the book, The Little Flower, Mother Teresa, Pope Benedict XVI and Jesus himself.

## Challenge 3 God's Desire to be FREELY Love In Return (p. 129-132)

### Points to Ponder

This section relates to *a reality* that you rarely hear considered. As you reread the section, ponder especially what John receive a BRILLIANT for: (p. 129)

*At this, John demonstrated that he was understanding by remarking, 'That is something that I don't think you mentioned before – it is part of the very nature of love – to want to be loved in return.'*

### God's Dilemma

Here is the very challenging part, walking in God's shoes or understanding God's dilemma. (reread page 130-131). Here is a very short summary.

God is love; St. John says in 1 John 4:8

Love has three parts, *Beginning, Love of Benevolence and – apex – Love of Union*

The *Apex – love of Union* – can't work unless love is returned.

If this is true love, **God wants to be loved in return.**

If this is *True Love*, it must **be freely given.**

If God create billions of people, he is taking the chance that some might not love him?

Some – maybe many – might say 'NO' to God's offer of love.

The Professor's sense of humor emphasizes God is infinite. In this case he is *an infinite gambler.*

### WOW Take-Home Value 2

**God values our *freely given love* so much; He risks our saying "NO" to His love.**

### Co-author's Note

As stated at the beginning of the Points to Ponder, sometime after we completed the book, we discovered three challenges embedded in Chapter 15. I'm convinced if you could say "Yes" to each of the three challenges you would be a much happier, healthier, and even holier person.

#### The Great Aha

The thing I as co-author am most impressed with – and therefore want to share with you – is *that we are not only loved, but even longed for by God.*

This conviction has built with the help of St. Teresa, the Little Flower, Mother Teresa of Calcutta, Pope Benedict XVI and Jesus himself. Quotes of each follow.

**St. Teresa – The Little Flower** – said just before her final vows:

**“I find it hard to believe how much God *longs* for me!”**

### **Mother Teresa of Calcutta**

She had a vision in 1946 as she rode the train to a retreat. The vision was so special she did not say anything until 1993 when Pope John Paul II said something similar. All that time we did know that in every one of her 611 establishments she had on the wall “I Thirst.” When she finally shared part of her vision, here is part of what she said:

**“Jesus wants me to tell you again...  
how much love He has for each of you – beyond all you can imagine...  
Not only that He loves you, but even more  
- He *longs* for you.**

### **Pope Benedict XVI**

He wrote a life-changing letter on love for lent in 2007<sup>1</sup>. Here is a part that is especially to the point “God LONGS for you.” (In Greek Agape related to the Love of Benevolence. Eros relates to the Love of Union – the desire to be closer...)

**“On the Cross, God’s eros (longing – desiring to be with...) for us is made manifest.  
Is there more “*mad eros*” than that which led the Son of God  
to make himself one with us even to the point of suffering  
as his own the consequences of our offenses?”**

### **Jesus Says:**

**“As the Father Loves Me, so I love you.” John 15:9**

Of course, the Trinity is always one. But in our human limited way of thinking, I can’t believe that the Father does not have the Love of Union for Jesus, i.e. wants to be closer and more with or *longs* for Jesus. If the Father *longs* for Jesus, and Jesus *loves* us just as the Father loves him, it seems Jesus *longs* for you and me.

Co-author’s note: just putting all these thoughts in one place has helped me. Thanks for the opportunity. I hope you find it also helpful in answering life-changing challenge 3 above with a resounding “YES!”

<sup>1</sup> If you go to Google and put in: “Pope Benedict’s Lent Letter 2007”, it will come up.

Since we wrote the book Challenge 3 has been refined and become even more meaningful.

**Challenge 3: Can you live like God desires to be FREELY loved in return.**

**Challenge 3 refined: Can you live today believing that God, not only loves you, but *LONGS* for your love.**

*Taking pages 129-132 in the book and the above Points To Ponder into consideration, the insights I want to remember are....*

To enjoy the benefits of my insight(s), the **actions I will take** are...

**Directions**

Stop the presentation till you have answered these two question to your satisfaction.

## Co-author's Challenge

1. How to explain God's dilemma: He wants all to love him. If it isn't free, it isn't love. But if He make all free, some will not love him.
2. How to benefit daily from Maria's quoting G.K. Chesterton's insight, "*The beginning of happiness is gratitude,*" related to the ever-present oxygen we breath?

## Challenge 4. God's Ace in the Hole Leading to God's Request

**Points to Ponder** (Reread pages 133-135)

### God's Love of Benevolence for us.

Focus on:

*"The Professor explained God has an ace in the hole. He figures if He overwhelms us with His love and blessings, it will be hard for anyone to say 'NO!' to returning his infinite love."*

God give us many blessings, but the professor is especially inspired by these four:

1. **The Big Bang**
2. **DNA**
3. **Energy**
4. **Oxygen – The Most Impressive**

After you reread each, **focus especially on** Maria's quote (p. 135) of G.K. Chesterton's insight:

*"'The beginning of happiness is gratitude.' In this case gratitude for each of our NOWs and the oxygen we enjoy making the NOWs continue."*

**Question** Which of the above gifts (1-4) are you most grateful for?  
Which encourages you the most to say "Yes" to Challenge of loving God NOW?

**God's Love of Union.** (Reread pages 136-137.) Focus on:

*"The Love of Union – wanting to be closer to and united with the one you love."  
The same is true for God.*

### WOW Take-Home Value 3

It is as if God is saying: "I value you just as you are, I honor your freedom.  
Will you let me love you – NOW?"

This is so important we go to the book p.138

“After Bill presented the three WOW Take-Home Values, there was a thoughtful silence...

...

“I try to respond to His question with a *Strong Yes!* And then get totally involved in how I am trying to serve Him that Moment.”

Plan 15:07 – 16:20 – what like or find useful

### Practical Challenge:

Frequently during the day can you respond with a “resounding YES” to God’s request:

“I value you just as you are,  
I honor your freedom,  
Will you let me love your – NOW?”

*Taking pages 133-138 and the above Points To Ponder into consideration, the insights **I want to remember** are....*

To enjoy the benefits of my insight(s), the **actions I will take** are...

### Directions

Stop the presentation till you have answered these two question to your satisfaction.



## Co-author's Challenge

1. How to demonstrate that the questions work no matter how experience or many degrees you have.
2. How to demonstrate how important marriage is in God's plan.
3. How to bring our beginning and end (God) into the question of the day in a very simple way that is QEP( Quick-to-learn, Easy-to-use, Proven-to-work)way.

### Challenge 5

### Chapter 16

## We Came With A Vague Problem – We Left With A Divine Partner

### 1. The Joy of *Married Today* => about 50% Sadness of *Divorced in Some Tomorrow*

On page 140 it says:

“He – the professor - began by saying that in the years after we graduated...”

He goes on to say that he was delighted to see the excited graduates *married today*, but sad to see how many ended in *divorce in some Tomorrow*. He took action.

**Question 1: Do you have friends and/or relatives that you are concerned about. Maybe divorce is not in sight, but it certainly would be great if they were happier. Might a gift of the book and Habit Builder and the link to the free Couples Guide be a marriage saver for them, and even a gift of a *happier married life*? Would you be interested in offering a Webinar for friends and/or fellow parishioners. <sup>2</sup>**

## Part 2. How to demonstrate how important marriage is in God's plan.

### 2. The Professor's Four "Aha's"

1. **Jesus's First Miracle:** The happiness of a married couple at Cana
2. **The Key to Continue the Human Race:** The sexual expression of the Love of Union
3. **God Dwells in Those Who Keep His Word:** i.e. Personal help for those who do
4. **God is Rejoicing in You:** As a bridegroom rejoices over his bride

HINT: read each of the above pp. 142 – 145. Especially focus on the *rationale* why the Professor selected each.

**Question 2. Which of the Professor's rationales most resonated with you?**

<sup>2</sup> For how to become a Certified Coach to lead the True Love Movement in your area, just email RJSteffen@aol.com.

### Part 3. How to bring our beginning and end (God) into the question of the day in a very simple way that is QEP( Quick-to-learn, Easy-to-use, Proven-to-work).

#### 3. Final Solution

On the first page of the chapter (p. 139) Bill says:

“However, we still had a serious challenge. It was obvious in our first ten years of marriage we asked the True Love That Lasts questions alone.

“We had not even the slightest idea that God might be interested in helping us, let alone His having a **vested interest** in our success, especially our *marital success*.

“Now, we have a *potential partner* because of God’s vested interest –as the Professor explained.

“The problem I was feeling was how do we make a *potential partnership* with God related to our marital success as *actual Partnership*?

The answer and three benefits are on pp. 147-148.

#### Challenge 5. Does adding “Loving Partner God” to the question of the day work for you? Will you use this insight?

*Taking Chapter 16 and the above Points To Ponder above into consideration, the insights I want to remember are....*

To enjoy the benefits of my insight(s), the **actions I will take** are...

#### Directions

Stop the presentation till you have answered these two question to your satisfaction.

## Co-author's Challenge

1. How to demonstrate the triple H benefits of the Question of the Day, living healthier maybe even longer, happier, and holier.
2. How to highlight the key to successfully building the True Love That Last Habit, i.e. reminding yourself to ask the Question of the day.

### Chapter 17 *The Wedding and the 10:13 Surprise*

#### Challenge 6

**What will your method of reminding yourself to ask *the question of the day* be:  
A Hope --- A Fact --- A Sad Fact**

#### A Very Person Point to Ponder

**A Hope** As your co-author, I hope by now you are convinced:

- It is to you enlightened self-interest to build and maintain the daily habit.
- It is very good for your spouse.
- It is very good for your relationship, your happiness, and your avoiding divorce.
- You do others a huge favor if you can get them to begin asking the daily question.

#### **A Fact**

- There will be a tendency to forget occasionally.
- If there is not a "reminder," occasionally can become permanently.

#### **A Sad Fact – When *Occasionally* become *Permanently***

- Both you and your spouse lose the daily benefits of growing your love a little each day
- Even though you might think an unhappy marriage, even divorce is impossible for you today, it has sadly happened to others who thought the same thing.

#### John and Maria use a 10:13 AM & PM as reminders on their mobile phones

*My reminder(s) so I don't forget to ask the question of the day is or will be...*

#### Directions

Stop the presentation till you have answered to your satisfaction.

**Critical** – Be sure this Participants Guide is **completed to your satisfaction**.

This will make it possible:

- For you to get the *most benefits* from this experience
- For you to share with greater ease in *your Couple's Partner Meeting*
- For you to make the *most significant contribution* in your team meeting with Coach.

### How to Print and Share These Insights

1. Scroll so you can see the tool bar on top.
2. When you have reviewed the presentation and completed your Participants Guide to your satisfaction,
  - **On the top right of this original document, click on the arrow.**Save this PDF in your True Love That Lasts Movement Text folder.
3. **The day before your team meeting send the PDF of this Section to your Coach.**
  - Your Coach needs your Participants Guide to lead the team meeting.
4. Return to the original. **Print the text with your answers.**
  - Having the printed copy will make it much easier to share in the Partner and Team Meeting.
  - It is an excellent practice to save these in a loose leaf for future reference.

Remember to answer the Coach's questions in preparation for your Follow up interview.

## Parting Wish

*I hope the rest of your life is the best of your life  
because you make it that way by building the habit  
of asking just the one True Love That Lasts question a day.*

*And may the Source of All Good blesses you and your partner  
beyond your wildest dreams.*