



*Forever and Ever
...And Then Some*



Coach Jim

Welcome to Session Two of your True Love That Lasts Journey

Participant's Guide

Goal of This Journey

- To offer you an experience not-readily-available
- To help you on your journey
 - ☐ And share this journey with those you care about.
- *To grow the enjoyment and love of your spouse*
 - ☐ ***a little bit more each day***

"Examine yourselves to make sure you are in the faith.

Test yourselves. Do you acknowledge that Jesus Christ is really in you?

If not, you have failed the test."

2 Corinthians 13:5

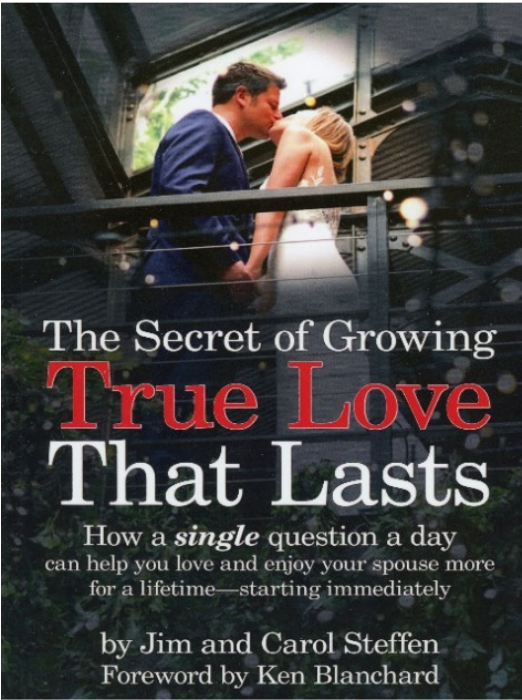
**Holy Spirit, help us live this True Love That Lasts Journey,
acknowledging that Jesus Christ is really in us,
and guide us to treat our spouse the same way.**

Inspired by *Pope Francis*

Based on *Pope Benedict XVI*

Promoted by *Bishop Caggiano*

Guided by *The Secret of Growing True Love That Lasts*



Pages in Book

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Ch. 5 Why A “Crystal” Marriage?

Points to Ponder

An Important Point that begins in this chapter to watch for in Future Chapters

When proposing in the romantic sunset on the southwest side of Gibraltar, Bill says to Carrie: (p.48)

“Crystal is very special down to its very molecular structure. Take carbon for example. Carbon is coal when the molecular structure is random.

“But when you have an event – like huge pressure that forces the molecular structure to become organized – you have a crystal. That special even takes the same carbon, crystallizes it and you have a diamond.

“I said, ‘Carrie, you are already more valuable than a diamond; if you will say ‘yes’ and become *my diamond*, I’ll agree we’ll spend our senior year looking for **that event or process that will organize our lives to give us a Crystal Marriage for life.**”(p. 48)

““So, diamond of my heart, will you accept this diamond and become *My special diamond?*”

Question 1: The bold section above becomes a key theme to enjoy one of the main outcomes of the book, i.e., *what is that event or process?*

Building on your personal relationship, what might “**the event**” be that Bill & Carrie are looking for?

Watch this theme develop in the rest of the book.

What value or impact might it have for you?

Let’s Make This More Personal

Question 2: What part(s) of the Chrystal Marriage (see below) is/are most important to you?
...to your spouse?

In **Tokyo** Carrie said “No.” I want our marriage to be **special**

In **Singapore** Carrie said “No.” I want our marriage to be **transparent**

In **Sydney** Carrie said “No.” I want our marriage to **ring with true speech**

In **Cape Town** Carrie said “No.” I want us to **sparkle each other.**

Bill sees that Carrie wants a Crystal Marriage enjoying all the above.

Considering the above, reread the chapter in the book – ideally with your spouse – then give yourself a Significant Competitive Edge by completing the following to your satisfaction:

The insights I want to remember are....

To enjoy the benefits of my insight(s), the **actions I will take** are...

- Taking into consideration St. Paul's reminding us Jesus is always in you and your spouse,
- You now not only give yourself a SCE by answering these two questions in writing, but all you share your answers with.
- Holy Spirit now guides our answers as we stop the presentation and write.

During the Webinar

The insights shared by the leader or fellow participants I want to remember are...

Ch. 6 What is True Love?

Points to Ponder

At the beginning of the chapter, Carrie says:

Maria, your goal is to build your marriage on True Love. If Bill and I were going to grow our True Love daily, our definition of love needs to have three characteristics:

- 1. Operational – we need to use it daily*
- 2. Simple – so we could remember and use it daily'*
- 3. Gibraltar Rock solid – based on the research of the ages.*

Question 1. Which of these are important to you and why?

1. What if it weren't operational – could not use it daily!
2. What if it weren't simple – hard to remember and use daily!
3. What if it were not Gibraltar Rock solid – not based on the research of the ages!

The Importance of Love as a Living and Growing Entity

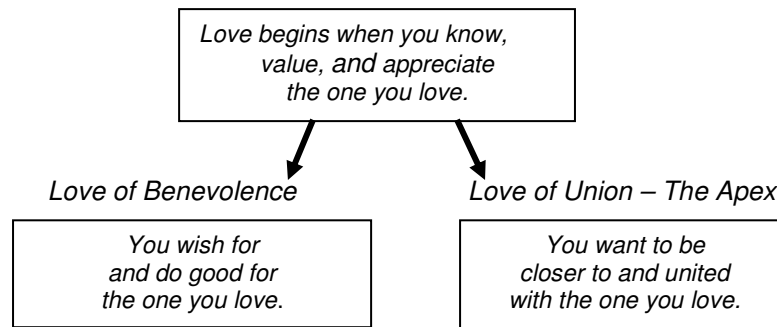
On top of p. 54, Bill continued:

"For love to last, this value has to grow over time. A huge mistake many make that leads to divorce is forgetting that you need to work at growing the value of the beloved regularly. When that value isn't growing, love is dying."

Question 2. The key to how motivating sports can be is by keeping score. On a scale of 1 to 10 (10 being the most) **what kind of mark would you give yourself on working regularly to grow the value of your spouse?** Circle your score: 1 2 3 4 5 6 7 8 9 10

Let's make this more personal - Are you venturesome at heart? Try Questions 3 and 4 below.

An Operational Definition of True Love



Consider Jesus and His/Our Father

St. John says *God is Love*. Does the page 55 (and above) definition work for Jesus and his/Our Father?

Does Jesus know, value, and appreciate his Father?

Does Jesus wish for and do good for his Father?

Does Jesus want to be closer to and more united with his Father?

Question 3: Does this definition of love fit the Persons of the Trinity as you know it?

Consider God and Yourself

Does God, as you know him to be, know, value, and appreciate you and all of us?

Does God, as you know him to be, wish for and do good for you and all of us?

Does God, as you know him to be, want to be closer to and more united with you and all of us?

Question 4: Does this definition of love fit your relationship with God as you know him to be?

Considering the above, reread the chapter in the book, then give yourself a Significant Competitive Edge by completing the following to your satisfaction:

*Taking Chapter 6 and Points to Ponder into consideration, the insights **I want to remember** are....*

To enjoy the benefits of my insight(s), the **actions I will take** are...

- Taking into consideration St. Paul's reminding us Jesus is always in you and your spouse,
- You now not only give yourself a SCE by answering these two questions in writing, but all you share your answers with.
- Holy Spirit now guides our answers as we stop the presentation and write.

During the Webinar

The insights shared by the leader or fellow participants I want to remember are...

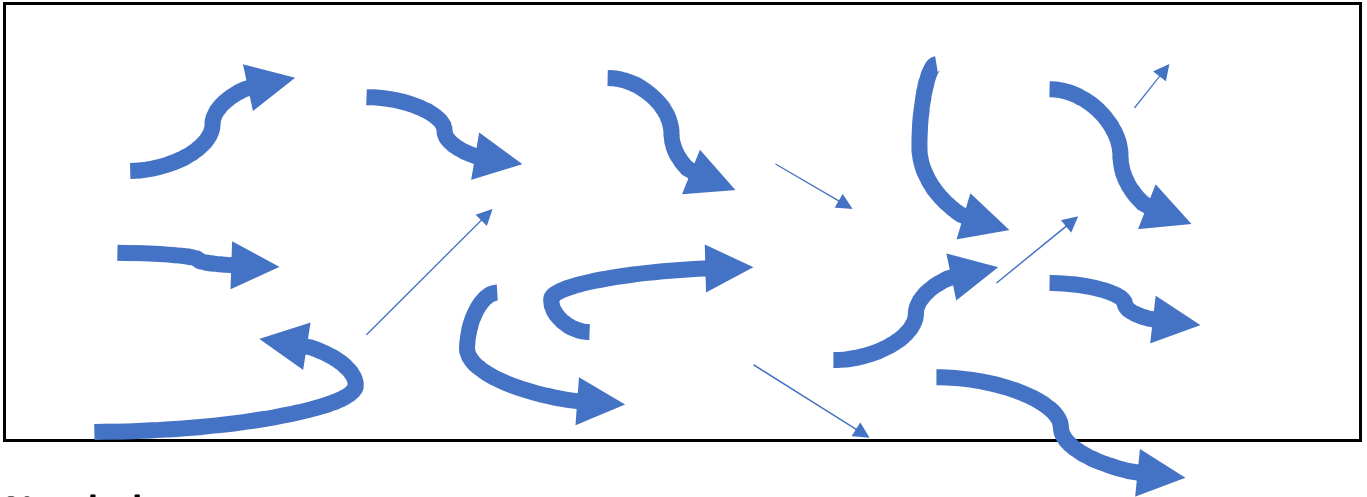
Ch.7 What is a Quick to Learn, Easy to Use Process To Grow True Love Daily for a Lifetime?

Points to Ponder –

When Bill proposed to Carrie on Gibraltar, he promised by the time they were to be married they “*would have a plan in place to grow their love for the rest of their lives...*” (p. 48)

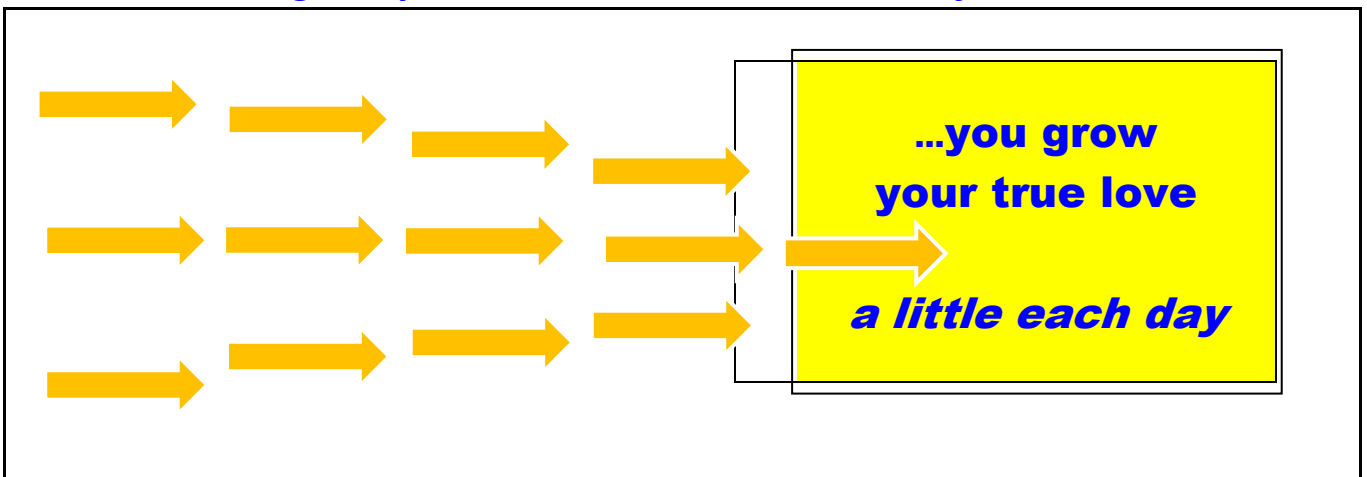
Insights Discovered in Our Journey after the Book was Published

Your Daily Actions – Going in Many Directions with Many Purposes



Needed:

An *Event* to Align all your actions with the *Attitude of Love* so that...



Benefits to You

1. Your actions have more value
2. More in here-and-now to live for
3. Fuller marital life
4. Fuller life

Benefits to Your Spouse

1. More appreciated and valued
2. Fuller marital life even if they do not know how aligned your actions are to loving them.

Benefit to Both of You

1. Your relationship grows stronger – a little each day.

Question 1: When we find that event, which of the above benefits and other benefits not mentioned most resonate with you.

Question 2: If Ford's single question changed the price of a car for his employees from **three years' salary to three months' salary**, what might a single daily question do for Maria, John, you, and your spouse?

Let's make this more personal

Question 3: What do you hope a *single question a day* can do for you in growing the enjoyment and love of your spouse even – or especially – daily?

Question 4: Since *growing the enjoyment and love of your spouse a little – even each day – for a lifetime* is a huge benefit, would the actions needed to accomplish this seem more reasonable if they were huge and significantly difficult rather than a simple question a day?

Considering the above, reread the chapter in the book, then give yourself a Significant Competitive Edge by completing the following to your satisfaction:

*Taking Chapter 7 and Points to Ponder into consideration, the insights I **want to remember** are....*

To enjoy the benefits of my insight(s), the **actions I will take** are...

- Taking into consideration St. Paul's reminding us Jesus is always in you and your spouse,
- You now not only give yourself a SCE by answering these two questions in writing, but all you share your answers with.
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During the Webinar

The insights shared by the leader or fellow participants I want to remember are...

Ch. 8 *Can a Single True Love That Lasts Question Turn a Potential Divorce into a Crystal Marriage?*

Points to Ponder

In Dolesh's Home - Left of Fireplace

Teasing is not only okay, it's great,
As long as the one teased is still having fun.
As soon as that stops, *teasing stops!*

Question 1: Could you and your family use this plaque?

In Dolesh's Home - Right of Fireplace

Love is a most wonderful living thing.
Like all living things, it needs to be fed.
If you starve love, *it slowly dies.*

Question 2A: Does the message in the plaque ring true to you?

Question 2B: Can you think of an example of feeding love makes it grow,
or can you think of an example of starving it makes it slowly die?

Question 3: Can you explain how the "*I got ya*" game forced the Dolesh's to slide down the slippery slope of divorce?

Let's make this more personal

Question 4: Do you find yourselves playing any form of the "*I got ya*" game?

Question 5: If you have a form of the "*I got ya*" game, maybe it does not move you to divorce, but does it make you live in a relationship that is not as enjoyable and loving as it might be?

Considering the above, reread the chapter in the book, then give yourself a Significant Competitive Edge by completing the following to your satisfaction:

*Taking Chapter 8 and Points to Ponder into consideration, the insights **I want to remember** are....*

To enjoy the benefits of my insight(s), the actions I will take are...

- Taking into consideration St. Paul's reminding us Jesus is always in you and your spouse,
- You now not only give yourself a SCE by answering these two questions in writing, but all you share your answers with.
- Holy Spirit now guides our answers as we stop the presentation and write.

During the Webinar

The insights shared by the leader or fellow participants I want to remember are...

Ch. 9 Question One: *The Beginning of True Love!* *Can a Single Question Change a Life?*

Points to Ponder

Question You Ask Yourself

On page 67 Pat (The first-person John and Maria visit) says, “She (Carrie in the hospital) asked me what questions I was asking myself. I didn’t even know I was asking myself questions.”

Question 1: Are you aware of questions you ask yourself?

Question that might be motivating you positively or negatively?

Let’s make this more personal

After learning the Monday/Thursday Question

How can I value and appreciate the one I love (my spouse) more today?

John asked Harry, “What happens if you can’t think of anything more to appreciate?

After all, you have been doing this for seven years now.

Doesn’t it get tiresome?”

Harry answered:

“John, let me answer in three ways.

“First, we need love to live, and it is a living thing. Like Pat’s plaque says, *‘Love is a most wonderful living thing. Like all living things, it needs to be fed. If you starve love, it slowly dies.’*

Answering the Crystal Marriage questions is a *so simple way* to feed love.

“Secondly, I have never found a day when I could not find something new or different to appreciate about Pat, if only –that she made supper for me every day last week. Here it is Monday, and she did it again.” They all smiled.

“The third thing is a benefit that surprised me. When Carrie and Bill were helping us understand the True Love that Lasts questions, I feared I would have to give up my selfish question, *‘Am I getting all I need from this marriage?’* But to be honest, when I find something more every Monday and Thursday to appreciate and value in Pat, I don’t need that selfish question.

“There is a **hidden win-win here** that I never imagined. Pat benefits because I appreciate her more. But to my great surprise and delight, I benefit because I have more to love. And you’ll be glad to know related to your *Kaizen* process – it does grow love a little each day!”

An Important Discovery after the Book was Published

“The third thing is a benefit that surprised me.
When Carrie and Bill were helping us understand the True Love that Lasts questions,
I feared I would have to give up my selfish question,
‘Am I getting all I need from this marriage?’”

The Hidden Win-Win Here

No Question a Day vs Monday/Thursday Question

Pat value Is there but not focused on	Harry asks no questions Is unaware of Value he’s missing	What Pat really is and does	Harry asks Monday- Thursday questions	Pat is valued & appreciated
Thanks a bit	Some Tx	Monday 1 Special supper for my birthday	Wow	Thoughtful wife
?	So?	Thursday 1 Makes bed every day	Glad – I don’t like to	Skilled Willingly
?	Her job	Monday 2 Likes to go shopping. I hate shopping! Always saves money	Double Benefit \$ & food	Frugal & thoughtful wife
?	Like it	Thursday 2 Does Taxes. Always saves us money. Very glad for both!	I’m so lucky	Willing Brilliant wife
?	Isn’t that her job	Monday 3 We rarely run out of anything. Pat is very organized	Not to be taken for granted	Not only smart but organized
“Not sure how much Harry appreciates me!”	“My wife’s like most wives??”	Harry celebrates: “Pat is really something very special!”	“I’m so blessed”	“I have appreciative husband”

“There is a **hidden win-win here** that I never imagined.
Pat benefits because I appreciate her more.
But to my great surprise and delight, I benefit because I have more to love.”

Question 2: If you made such a table for your spouse as you ask the Monday/Thursday question for three weeks, what might it look like?

The Process Works for Any Relationship

On page 73, Harry added with a beam

“By using the questions related to my mother-in-law, I love her more today than in years past.
I’m sure that will make Pat and my mother-in-law’s life happier.

Question 3: Who might be a person or persons, besides your spouse, whom you care about that you might find asking the TLTL questions useful? Try it and share the results.

Considering the above, reread the chapter in the book, then give yourself a Significant Competitive Edge by completing the following to your satisfaction:

*Taking Chapter 9 and Points to Ponder into consideration, the insights **I want to remember** are....*

To enjoy the benefits of my insight(s), the actions I will take are...

- Taking into consideration St. Paul’s reminding us Jesus is always in you and your spouse,
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During the Webinar

The insights shared by the leader or fellow participants I want to remember are...

Critical – Be sure this Participant's Guide is **completed to your satisfaction**.

This will make it possible:

- For you to get the *most benefits* from this session of your journey
- For you to share with greater ease in *your Partner Couple Meeting*
- For you to make the *most significant contribution* in your team meeting with Coach.

How to Save This Participant's Guide

1. In your computer you've created a **True Love That Lasts Journey** section.
2. Scroll so you can see the tool bar on top.
3. **On the top right of this original document, click on the arrow.**

Save this PDF of this Session Two in your True Love That Lasts Journey Text section.

How to Print this Session Two

4. Return to the original. Click on the print icon.
- For use in Partner Couple's Meeting, Webinar and Follow up.

Option: Sharing Participant's Guide

If you are working with a Partner Couple that is located at a distance, you might want to send your link for your Partner's Couple discussion.

If your coach asked you to send this guide, completed to your satisfaction for this section, please send it the day before your team meeting.

What do we have to look forward to:

- Tuesday and Wednesday questions. Babe's insights on how to live a fuller life.
- An easy way to grow the True Love That Lasts Habit

Parting Wish

*Building the habit of asking just one question a day,
I hope the rest of your life is the best of your life.
And may the Source of All Good bless you and your partner
beyond your wildest dreams.*

See you in session three.